



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
 School Year: 2023-2024

School Name & Location Number:	Golden Glades Elementary School- 2161
Principal:	Mr. Jeff Rateau
Phone Number:	(305)624-9641
School Wellness/Healthy School Team Leader:	Ms. Crystal Stanley
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Jeff Rateau, Principal Yashyawa Teague, Assistant Principal Crystal Stanley, Registrar (Team Leader) Akim Glass, SPED Facilitator Natalie Arguello, Community Involvement Specialist; Shanrika Ritter-Taylor, Cafeteria Manager; Cymoni Outten- 5th Grade Student Leader; Jerald Griffin- 5th Grade Student Leader
Committee Meeting Dates:	December 20, 2023; January 17, 2024; March 20, 2023
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition:</b>  <b>Promote healthy eating choices in the cafeteria Display Food and Nutrition Posters in the cafeteria</b></p> <p><b>Physical Education:</b>  <b>Physical Activity for 30 minutes Daily Fitness Testing</b></p> <p><b>Physical Activity:</b>  <b>RECESS Daily for 20 minutes for students GGES Wellness Wednesday Club for Staff</b></p>

	<p><b>Health and Nutrition Literacy:</b>  <b>Share Healthy Tips during morning announcements</b></p> <p><b>Preventive Healthcare:</b>  <b>Utilize Well-Way Wellness Program Host a healthcare presentation for students &amp; parents to share information about health services, physical activity, and healthy eating habits.</b></p>
Sustainability Practices:	<b>Improving individual wellbeing is correlated with improving the wellbeing of other members of society and the natural environment.</b>
Community Engagement:	Healthcare presenter to share wellness information and build relationships with parents and community organizations. School health professional provides healthy tips during meetings.
Monitoring and Evaluation:	Committee Meeting Sign-In Sheets Healthcare Presenter Sign-In Advertise on Social Media Platforms Wellness Wednesday's Attendance Sheet
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	N/A