



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021- 2022

School Name & Location Number:	Golden Glades Elementary School- 2161
Principal:	Mr. Jeff Rateau
Phone Number:	(305) 624-9641
School Wellness/Healthy School Team Leader:	Ms. Crystal Stanley
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Jeff Rateau, Principal Yashyawa Teague, Assistant Principal Crystal Stanley, Registrar (Team Leader) Akim Glass, SPED Facilitator Lakeshia Wright, Community Involvement Specialist Sarah Brown, School Nurse Shanrika Ritter- Taylor, Cafeteria Manager Ta’Ron Franks- 5 th Grade Student Leader Uriah Witherspoon- 5 th Grade Student Leader
Committee Meeting Dates:	December 17, 2021 January 14, 2022 March 18, 2022
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition</p> Promote healthy eating choices in the cafeteria Display Food and Nutrition Posters in the cafeteria
	<p>Physical Education</p>

	<p>Physical Activity for 30 minutes Daily Fitness Testing</p> <p>Physical Activity RECESS Daily for 20 minutes for students GGES Wellness Wednesday Club for Staff</p> <p>Health and Nutrition Literacy Share Healthy Tips during morning announcements</p> <p>Preventive Healthcare Utilize Well_Way Wellness Program Host a healthcare presentation for students & parents to share information about health services, physical activity, and healthy eating habits.</p>
<p>Community Engagement:</p>	<p>Healthcare presenter to share wellness information and build relationships with parents and community organizations. School health professional provides healthy tips during meetings.</p>
<p>Monitoring and Evaluation:</p>	<p>Committee Meeting Sign-In Sheets Healthcare Presenter Sign-In Advertise on Social Media Platforms Wellness Wednesday's Attendance Sheet</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>N/A</p>